

This information was correct at the time of printing. While the Trust makes every reasonable effort to keep its information leaflets up to date, very recent changes may not yet be reflected in the guidance and you should discuss this with the clinical staff.

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Developed by Specialist Palliative care CNS Carolyn Wills and
Sonia Thompson 2014
For review Nov 2016

CARER RECORD

Patients Name: _____

Patients X Number: _____



During this important and difficult time we would like to be able to provide the best possible support for you as a carer and the best possible care to the person you care for.

You can help us to understand your experience by completing this carer record; it can be contributed to by any family member or friend

Please feel free to comment on any aspect of the care your relative or friend is receiving and about how you are being supported in your caring role. Below we have identified a few areas which you may wish to consider, but it is not an exhaustive list.

If there are any problems or concerns please tell the nurses or doctors as soon as possible to allow them to help.

We would ask that the record is left at the bedside for family, friends and health professionals to access but if you would like a copy please ask the staff

When complete, the information will be used to continually improve the care of dying patients within our hospital and no names or other identifiable information will be used. If you do not wish to consent to this please document this in the record.

Thank you for your co-operation at this difficult time

Things to consider may include:

- Has the plan of care been clearly explained to you and the person you care for and have you both been given the opportunity to contribute to it?
- Have you and the person you care for been given the opportunity to be involved in decisions being made and discuss choices the person you care for may wish to express?
- Has the care received been well coordinated and communicated clearly amongst the team, yourself and the person you care for?

- Has the person you care for been adequately relieved of pain or any other physical problems that they might have had?
- Has any distress or anxiety that the person you care for might have displayed been addressed and minimised?
- Do you feel the staff consider any spiritual, emotional, social (home life, money, family members) fears or worries that the person you care for may have?
- Do you as a carer feel well supported by the doctors and nurses- are they approachable and helpful if you have any concerns?
- **Can you pick out one thing in particular that makes a real difference to you?**

Useful websites/contacts

www.chsft.nhs.uk

www.Dyingmatters.org.uk

www.Cruse.org.uk – 0191 2765533

www.sunderlandcarers.co.uk local centre 0191 5493768

Macmillan.org.uk local centre 0191 5420122

Chaplaincy service 01915699180

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Date / Name	Comments	Nurse sign. Doc in V6

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Date / Name	Comments	Nurse sign.Doc in V6

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Date / Name	Comments	Nurse sign. Doc in V6

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