

Great **Nursing** Opportunities at **City Hospitals Sunderland**





About us

City Hospitals Sunderland NHS Foundation Trust is a large Acute Trust providing a wide range of hospital services such as emergency medicine, trauma care, surgical and medical specialties, therapy services, maternity and paediatric care.

The Trust has two main hospitals – Sunderland Royal Hospital and Sunderland Eye Infirmary however it also provides outpatient services from a number of other sites. We serve a local community of around 350,000 residents but this increases to a population as great as 860,000 due to an increasing range of more specialist services provided to patients outside of our immediate area on a sub-regional basis. We also provide a substantial range of community based services, particularly within Family Care and Therapy Services.

The Trust has around 904 acute beds and employs around 5000 people, 1600 of whom are nurses and midwives.

PRIDE HONESTY
COMPASSION

Our Clinical Departments

Division of Medicine

- **Emergency Medicine**
(including Emergency Department, Cardiology and Acute Medical Unit)
- **General Internal Medicine**
(including Gastroenterology, Metabolic Medicine and Thoracic Medicine)
- **Medical Specialties**
(including Renal Medicine, Clinical Haematology and Rheumatology)
- **Rehabilitation and Elderly Medicine**
(including Care of the Elderly, Neurology, Neuro-Rehabilitation and Neurophysiology)

Division of Surgery

- **General Surgery**
(including Bariatric, Colorectal, Upper GI and Vascular Surgery)
- **Urology**
- **Head and Neck Surgery**
(including Ear, Nose and Throat, Oral and Maxillofacial Surgery and Orthodontics)
- **Ophthalmology**
- **Trauma and Orthopaedics**

Division of Theatres

- **Integrated Critical Care Unit**
- **Anaesthetics**
- **Day Case Unit**

Division of Clinical Support

- **Therapy Services**
(including Physiotherapy, Occupational Therapy, Speech and Language Therapy, Podiatry, Dietetics and Medical Photography)
- **Pharmacy**
- **Radiology**
- **Medical Physics**

Division of Family Care

- **Obstetrics and Gynaecology**
(including Genito Urinary Medicine)
- **Paediatrics and Child Health**

COMPETENCE
(COURAGE





Ken Bremner, Chief Executive

Our Values

“Excellence in Health, Putting People First”

We aim to be the first choice of patients locally, regionally and in some cases nationally with a commitment to ensuring high quality care is provided. To support this quality we want to ensure that our workforce is the best in the healthcare industry.

We adhere to the following values:

- ensuring our care is high quality, safe and personal;
- enabling our staff to use their skills to treat patients in clean, comfortable surroundings to the highest quality, offering choice as widely as possible;
- encouraging our patients to come here for their care because we aim for excellence in everything we do – our first priority is our patients; and
- setting high standards of behaviour and professionalism for all our staff.

STANDARDS VALUES
COMMITMENT
RESPECT

Exciting Times at City Hospitals Sunderland

As an organisation we are proud of our services and staff and we want to be able to treat our patients in modern facilities with the best and innovative equipment.

Recent developments include:

- Integrated Critical Care Unit – an innovative flexible facility for care of intensive care and high dependency patients, including those who are immuno-compromised or highly infective.
- A Chemotherapy/Infusion Treatment Unit.
- A fully integrated electronic patient record.
- Development of Day of Surgery Admission Unit.
- A dedicated Urology Treatment Centre providing both outpatient and daycase facilities.
- New centralised Preadmission Assessment Clinic facilities.
- 3D da Vinci surgical robot - although use of the robot is initially for urology and renal procedures, it will be extended to a wide range of specialties where minimally invasive deep surgery is required. It will speed up surgical time, provide greater precision and accuracy, and reduce side effects and recovery time for patients.
- A second Cardiac Catheterisation Laboratory.
- A multi storey care park to offer much improved parking facilities for our patients, visitors and staff.

- The Alexandra Centre which offers therapies for patients with dementia.
- The development of an endovascular theatre as the first phase of developing a specialist vascular unit.

Work has also commenced on the following:

- A new Emergency Department;
- The upgrading of the Endoscopy unit and the development of a central scope cleaning department;
- The provision of a dedicated Bariatric Out-Patient Unit for a rapidly developing service which was the subject of a documentary series on television – “Weight Loss Ward”.

COMMUNICATION PRIDE
HONESTY





Over the next few years we will be continuing to focus on becoming the third specialist centre across the North East to develop more complex/specialised services for both elective and non elective care. We aim to become one of approximately 50 acute Trusts in England that deliver an array of specialised services. Our focus as a Trauma Unit will be supplemented by our world class critical care unit and the development of more comprehensive diagnostics including a full interventional radiology service. The development and integration of more complex colorectal, vascular and stroke services will start the beginning of a cardiovascular, renal and metabolic service designed to work alongside primary care.

Research & Development

The Trust has a well-established interest in Research and Development and has developed good relationships with the local research networks and is continually increasing our portfolio of studies. The Trust is host to the North East Stroke Research network and hosts clinical trial officers supporting the Cancer, Stroke and Diabetes Research Networks. We have a number of nursing roles dedicated to research and development.

LISTENING
COURAGE VALUES CARE

Staff Benefits

City Hospitals Sunderland recognises the importance of ensuring healthy and happy staff and we are committed to providing a number of benefits for our staff. These include:

On-site Occupational health services

Providing a comprehensive range of services, concerned with the relationship between health and work. These include health surveillance, immunisation, health screening, eye care vouchers and fast track physiotherapy for staff.

Childcare support

Working in the NHS, being part of the team that delivers care 24 hours a day, every day, means that combining work and family responsibilities isn't always easy. However through the support of our Childcare Co-ordinator you can receive help to solve your childcare problems and benefit from the following childcare initiatives:

- Telephone helpline Monday to Friday 9am till 5pm;
- Holiday play schemes for children aged 4 years to 14 years – (We are currently looking at introducing schemes for the older child aged 8 years to 16 years);
- Emergency care for the well child aged 0 – 5 years;
- Keep in touch scheme for staff on maternity, paternity or adoption leave;
- Bi monthly drop ins for staff to meet the Childcare Co-ordinator and receive face to face advice.

Employee assistance programme

Staff have access on a 24/7 basis to a range of personal support services including counselling as well as financial and legal advice.

Discount rail and bus travel schemes

Staff can make significant savings on both rail and bus travel via the Trust's Metro Discount Saver Scheme and Go North East's Buzzfare scheme.

Fitness Centre

The Trust has an on site Staff Fitness Centre which is open 7 days a week and facilities include a fully equipped gym with cardiovascular and weight training equipment, aerobics studio, sauna and steam room, shower and changing facilities and coffee lounge/relaxation area. Membership fees are low and are linked to salary.

Tax free bikes for work

In partnership with Cyclescheme, the Trust offers staff, via a salary sacrifice scheme, the opportunity to take advantage of the government's Cycle to Work initiative.

Employee car scheme

In partnership with NHS Fleet Solutions, the Trust offers staff, via a salary sacrifice scheme, the opportunity to lease a brand new car. In line with the Trust's Green Travel Plan, the types of cars available are limited to CO2 emissions of no more than 155k/mg.

COMMITMENT





Nurse Development

Working at City Hospitals Sunderland is both challenging and rewarding and we are committed to ensuring our nurses develop their full potential and are equipped with the skills to be able to deliver first class care to their patients.

Professional Development

In order to ensure that staff are fully aware of the Continuous Professional Development (CPD) opportunities available, we have worked in partnership with our education provider (Northumbria University) over recent years to develop a collaborative approach to CPD.

Preceptorship - Accredited Work Based Learning (AWBL)

City Hospitals Sunderland has delivered a Preceptorship programme for newly qualified nurses since 2001. It is based on the 6 core skills in the Knowledge and Skills Framework and also on developing and improving the clinical skills required of a newly qualified staff nurse. This process was strengthened when the Trust began to work collaboratively with Northumbria University.

The overall strategy for Preceptorship was reviewed and a CHS Accredited Preceptorship Handbook was developed in partnership with Northumbria University. We were first Trust to launch its accredited programme with Northumbria University in 2008. The CHS handbook was then used as a best practice example and starting point for other trusts who were considering going down this route. Successful candidates receive 20 credits at degree level (if they do not already possess a degree) upon completion of a structured portfolio of evidence and a 2,500 word essay reflecting on their progress during the 6 month Preceptorship period.

The AWBL Preceptorship Handbook is reviewed and updated each year in order to maintain currency. The current handbook has been restructured to provide comprehensive guidance to both the candidate (preceptee) and the supervisor (preceptor). The Practice Placement Facilitator and Preceptorship Co-ordinator continue to work collaboratively with the Lead for Preceptorship at Northumbria University with regard to marking, moderation and submission processes.

VALUES
RESPECT

The Local Area

The North East of England has one of the most beautiful and varied landscapes in the UK and is also one of the best value places in the UK. The city of Sunderland is situated by the sea and is one of the largest cities in the region. There is plenty to see and do in Sunderland. It has two excellent art galleries: the Northern Gallery for Contemporary Art and the Sunderland Museum and Winter Gardens. The Winter Gardens has a stunning show of 2,000 tropical flowers and the adjoining museum tells the history of Sunderland.

The area offers plenty of sports facilities. Climbing, skiing and snowboarding can be enjoyed at the Sunderland Wall and the Silksworth Sports Complex. Watersports such as windsurfing, kayaking and diving can be participated in at the North East Diving Academy both on the coastline of Roker and Seaburn. The Aquatic Centre is the only 50-metre swimming pool between Leeds and Edinburgh. The flagship £20m pool opened next to the Stadium of Light in April 2008. It attracts people from across the region to take part in swimming activities and access the state of the art Wellness Centre.

The Stadium of Light is the home of Sunderland AFC where premiership football can be seen, but the venue is now also host to major outdoor concerts. In recent years these have included Rihanna, Bon Jovi, Take That, Cold Play and One Direction.

Whilst there is a lot to see and do in Sunderland, it is also an ideal place to act as a base for exploring what the wider North East region has to offer. Within a 20 mile radius you have access to some of the best heritage and cultural attractions in the UK. The historic city of Durham with its magnificent 900 year-old cathedral is just 30 minutes away by road. The cultural delights of Newcastle Gateshead, including The Sage Gateshead (music venue), and Baltic Centre for Contemporary Art, are also within 30 minutes by car.

COMPASSION
COMMUNICATION





Residential Accommodation

We do have a small number of properties available to rent however these are subject to availability. Our accommodation team will always be happy to advise and offer useful contacts for external accommodation agencies.

There is a range of accommodation in the city that will cater for all housing needs and demands. Compared with other districts in the North East, Sunderland remains relatively affordable and is the most affordable district in Tyne and Wear.

The average house price is around £112,000 and the average market rent for properties to privately rent are between £100 and £120 per week. Many of the private rented properties are accredited which ensures they are of a good standard and well managed. The city has around 33,000 social rented properties, all of which are a high standard. The average social rent in the city is around £75 per week.

The majority of properties in the city are houses but there are also a range of flats and bungalows available too, with properties catering for all household sizes available to rent or buy.

PRIDE COMMITMENT
STANDARDS

Travel

Road

Sunderland is easily accessible from the A1 and A19.

Rail

Sunderland is easily accessible by rail from major UK cities. The Tyne and Wear Metro service is an easy means of getting around Sunderland and the Tyne and Wear region.

Air

Newcastle International Airport is only a 45 minute drive away from Sunderland and is served by British Airways, Easyjet, Jet2 and other airlines.

Other international airports:

Edinburgh	(2 hours 45 minutes by car)
Glasgow	(3 hours by car)
Leeds/Bradford	(1 hour 45 minutes by car)
Manchester	(2 hours 30 minutes by car)

HONESTY CARE
RESPECT





Further Information

For further information about nursing within the Trust or other general information, please visit the Trust's website:
www.chsft.nhs.uk

LISTENING CARE
COMMUNICATION

Make the right
move to
City Hospitals Sunderland

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