

Useful websites

www.sunderland.nhs.uk/chs

www.nhs.uk

For 24 hrs following your procedure, if you have any problems please contact the following:

Surgical Day Case Unit **0191 5699053**.

If there is no reply please ring switchboard on **0191 5656256** and ask for **ext 49732**.

If you are unable to keep your appointment please contact the Appointments office on 0191 5699041.

For Choose & Book patients please call the Central Appointments Telephone Line on 0845 60 88 88 8.

This information was correct at the time of printing. While the Trust makes every reasonable effort to keep its information leaflets up to date, very recent changes may not yet be reflected in the guidance and you should discuss this with the clinical staff at the time of your appointment.

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NHS Foundation Trust

ONE-STOP MINOR OPERATION SERVICE

PATIENT INFORMATION LEAFLET



General Surgery

Sunderland Royal Hospital

You have been referred to the General Surgery team at the Sunderland Royal Hospital by your doctor for removal of a superficial 'lump or bump' that has been bothering you. We have arranged for an appointment to our ONE-STOP SERVICE.

The Concept

This service aims to cater to your convenience, so that you can be assessed and the surgery carried out in one visit, instead of the traditional practice of coming to the hospital once for a clinic appointment and again later for the operation.

The Location

For your further convenience this service is being provided in the community, at Happy House Surgery on Durham Road Sunderland SR3 4BY, but by Consultant Surgeons from Sunderland Royal Hospital.



IF YOU CANNOT ATTEND THIS APPOINTMENT OR ARE UNDECIDED PLEASE PHONE THE HOSPITAL IN GOOD TIME TO CANCEL SO THAT WE CAN OFFER THIS SLOT TO ANOTHER PATIENT.

The Examination

When you attend the service, a Consultant Surgeon in the consulting room will examine you and the treatment options will be discussed. If it is mutually agreed that removal of the lesion would be the preferred option, then you will be formally consented for an operation under local anaesthesia.

The Operation

You will be taken to the operating room, which is located adjacent to the consulting room, where the procedure will be carried out.

In the operating room, the skin over the 'lump or bump' to be removed will be prepared by application of an antiseptic solution and sterile drapes will be applied. Local anaesthetic will then be injected to numb the area. The injection will sting and this could be the worst part of the procedure. Once numb, you will not feel any pain but you will be aware of 'pushing and pulling' during the operation. This should not be distressing. Surgery to remove the lump will then be carried out.

The operation will leave a scar in the area. There is a small risk of bruising or bleeding from the wound, of wound infection or wound break-down, of numbness of the tissues around the scar and of recurrence of the lesion. However, complications are rare and most customers have a satisfactory outcome.

Following Surgery

You can remove the dressing after 24 hours unless advised not to. You can bath or shower after 24 hours but please do not use soap or bubble bath on the wound until it is completely healed.

If the wound becomes hot and inflamed and you have a temperature you will need to visit your GP as you may need some antibiotics.